# HOW TO USE THE HEAT PRESS

**On the heat press...**

1. **Important**: Open heat press if currently closed. **Never pre-heat the press with it closed.**

2. Pre-heat the press by turning it on.

3. Set the heat press temperature.  
   - **Glitter**: 307° F, **Solid-color & Chrome**: 320° F

**On the computer...**

1. Open CutStudio, then open/import your design.

2. Since you will be cutting on the bottom of the thermal vinyl, reverse the image via “Object > Mirror” on the menu.

**On the vinyl cutter...**

1. Remove a sheet of thermal vinyl from the bottom drawer of the cabinet.

2. Insert vinyl sheet (glossy side down) in the cutter following the vinyl cutter instruction sheet.

3. Place vinyl cutout(s) on t-shirt (shiny side up), arrange as needed. Use four fingers to measure from shirt collar.

4. Place protective sheet on top of everything. This prevents the vinyl from sticking to the top of the heat press.

5. Close the heat press by firmly pulling down the handle until it locks into place.

6. Watch the timer. When time’s up, the heat press will beep. Lift the handle then remove your shirt.

7. Allow t-shirt to cool **completely** before removing the vinyl backing.

8. Carefully peel the backing from your design.

9. Important! Ensure that heat press is open, then turn off the heat press.

**On the heat press...**

3. Set the vinyl cutter blade force (Force button, ↑↓, Enter).  
   - **Glitter**: 230gf, **Solid-color**: 180gf, **Chrome**: 210gf

4. Cut your design using the instructions above the cutter. Do not remove vinyl yet.

5. Please set the blade force back to 150gf for regular vinyl.

6. Remove vinyl, then carefully peel the unwanted vinyl from your cutout. Do not apply transfer tape as per the vinyl cutter instructions.

7. Set the heat press timer.  
   - **Glitter**: 20 seconds, **Solid-color & Chrome**: 30 secs.

8. Place t-shirt in heat press, front side up.

9. Allow t-shirt to cool completely before removing the vinyl backing.

10. Carefully peel the backing from your design.

11. Important! Ensure that heat press is open, then turn off the heat press.