

## Cassandra Jane Richards

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### EDUCATION

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- 2018 – Current      Adult Development and Aging Psychology Doctoral Student  
The University of Akron, Akron, OH
- 2018                    Master of Arts in Psychology - Adult Development and Aging  
The University of Akron, Akron, OH
- 2016                    Bachelor of Science in Psychology, *summa cum laude*  
Minor in Business Administration  
Minor in Applied Leadership Studies  
University of Charleston, Charleston, WV

### PUBLICATIONS

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- Stanley, J. T., Morrison, L. B., Webster, B. A., Turner, J. R., & **Richards, C. J.**  
(2019). Age-friendly university (AFU) assists with assessment of technology  
and engagement intervention among older adults and individuals with  
developmental disabilities. Special issue on Age Friendly Universities  
in *Journal of Gerontology & Geriatrics Education*.

### MANUSCRIPTS IN PREPARATION

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**Richards, C.J.**, Stanley, J.T., & Cooper-Shumway, H. (in prep). Age differences  
in social judgements hinge on emotion perception ability.

**Richards, C.J.** (in prep). Age-related differences in social regulation of  
emotion: Do older adults outsource emotion regulation more than  
young adults?  
Master's Thesis: Lead Researcher

### PRESENTATIONS

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**Richards, C.J. & Stanley, J.T.** (May, 2019). *Individual differences in emotion regulation styles differentially explain emotion regulation success in older adults compared to young adults*. Poster presented at Association for Psychological Science Conference in Washington, D.C.

**Richards, C.J. & Stanley, J.T.** (November, 2018). *Age-related differences in social regulation of emotion: Do older adults outsource emotion regulation more than young adults?* Poster presented at Gerontological Society of America Conference in Boston, MA.

**Richards, C.J., Stanley, J.T., Morrison, L.B., Webster, B.A., & Turner, J.R.** (May, 2018). *Assessment of a Pilot Intervention to Increase Comfort with Technology and Community Engagement Among Older Adults and Individuals with Developmental Disabilities*. Poster presented at Cognitive Aging Conference in Atlanta, GA.

**Richards, C.J. & Stanley, J.T.** (April, 2018). *Age Differences in Social Judgments Hinge on Emotion Perception Ability*. Talk presented at Midwestern Psychological Association in Chicago, IL.

**Richards, C.J. & Stanley, J.T.** (March, 2018). *Age Differences in Social Judgments Hinge on Emotion Perception Ability*. Talk presented at Ohio Association of Gerontology and Education in Akron, OH.

**Richards, C.J.** (March, 2017). *Age-related differences in social regulation of emotion: Do older adults outsource emotion regulation more than young adults?* Talk presented at Research Brown Bag at the University of Akron.

**Richards, C.J.** (February, 2016). *Influence of authority figures on academic performance*. Poster presented at Undergraduate Research Day at the Capitol in Charleston, WV.

**Richards, C.J.** (April, 2015). *School counseling graduate programs in Massachusetts: A relationship between public and private universities?* Poster presented at the Tri-State Psychology Conference at Marshall University, Huntington, WV.

## **FUNDING**

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**Richards, C.J. & Stanley, J.T. (Funded, \$400).** *Age differences in social judgements hinge on emotion perception ability.* Psi Chi 2018 MPA Regional Travel Grant.

**Richards, C.J.** (submitted, December 2017). *Age-related differences in social regulation of emotion: Do older adults outsource emotion regulation more than young adults?* APAGS Psych Science Research Grant.

**Richards, C.J.** (submitted, October 2017). *Age-related differences in social regulation of emotion: Do older adults outsource emotion regulation more than young adults?* APS Student Grant Competition.

**Richards, C.J. (Funded, \$1500).** *Age-related differences in social regulation of emotion: Do older adults outsource emotion regulation more than young adults?* 2017-18 Mamie Phipps Clark Research Grant.

**Richards, C.J.** (submitted, June 2017). *Age-related differences in social regulation of emotion: Do older adults outsource emotion regulation more than young adults?* APFCOGDOP Scholarships.

Stanley, J.T., Turner, J., & **Richards, C.J.** (submitted, May 2017). *Human-animal relationships as emotion regulation resource for older adults.* GSA and Waltham.

## **TEACHING EXPERIENCE**

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2016 – Present      **Graduate Teaching Assistant**

**Course:** Introduction to Psychology, Developmental Psychology

**The University of Akron**

2013 - 2016      **Undergraduate Tutor in the Academic Success Center**

**Courses:** PSYC 101 Introduction to Psychology, PSYC 212 Life-Span Development, PSYC 315 Psychological Statistics, PSYC 342 Social Psychology, PSYC 351 Human Sexuality, PSYC 354 Psychology and Law, PSYC 356 Terrorism, SSCI 203 Methods for Behavioral Research, SSCI 320 Computer Assisted Research, SOCI 221 Criminology, SOCI 322 Marriage and Family, Math 123 Pre-Calculus, Math 201 Calculus

**University of Charleston**

2014                    **Undergraduate Teaching Assistant in the Academic Success Center**  
**Course: Math 123 Pre-Calculus**  
**University of Charleston**

## **SCHOLARSHIPS AND HONORS**

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2016                    Outstanding Scholar in Psychology, University of Charleston  
2015                    West Virginia 4-H Dance Ambassador Scholarship – Ireland Cultural Expedition  
2012 - 2016           Welch Colleague Scholarship, University of Charleston - Academics, leadership, and community service  
2012 - 2016           West Virginia Promise Scholarship – Academics  
2012 – 2014           Dean’s List, University of Charleston  
2014 - 2016           Provost’s List, University of Charleston  
2014                    Inducted into Psi Chi, National Honor Society of Psychology  
2012-2013            George Scott Valedictorian Scholarship - Academics  
2011-2012            National Leadership and Service Award – Community Service  
2011-2012            National Mathematics Award – Academics

## **MENTORING AND RESEARCH EXPERIENCE**

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2019 – present      **Lab Manager** – Emotions and Aging Lab, University of Akron  
  
2016 – present      **Mentor** – Emotions and Aging Lab, University of Akron  
Mentor to undergraduate research assistants: Frank Glicker, Shadia Kawkabani, Jasim Abbasi, Lauren Agra, Will Carney  
  
2016 – present      **Lab Meeting Leader** – Emotions and Aging Lab, University of Akron  
Led several lab meetings throughout the year on articles that are critical readings for the lab  
  
2016                    **Undergraduate Research Assistant**

Researchers: Dr. Michael Bayly, PhD, Professor and Psychology Program Director, and Dr. Martha Spiker, PhD, Professor and Chair of Department of Social Sciences  
University of Charleston

2016      **Undergraduate Research for Senior Research Project**  
*Influence of Authority Figures on Academic Performance*  
Research Coordinator / Supervised by: Dr. Martha Spiker, PhD,  
Professor and Chair of Department of Social Sciences  
University of Charleston

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## **LEADERSHIP, COMMUNITY SERVICE, AND CAMPUS INVOLVEMENT**

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2017      Graduate School in Psychology Advising Panel  
The University of Akron

2017      Blossom Music Center  
Concessions Volunteer Program

2016-2017 Gerontology Club Member  
The University of Akron

2015 - 2016 Psi Chi Chapter Secretary  
University of Charleston

2014 - 2015 Alzheimer's Association Walk to End Alzheimer's in Charleston, WV  
Campus Coordinator / University of Charleston

2014 - 2015 Intern with Union Mission in Charleston, WV  
Assistant Volunteer Coordinator / Counseling Office Assistant  
University of Charleston

2014      Volunteer Interacting with Patients (VIP) Program  
Charleston Area Medical Center (CAMC) / University of Charleston

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## **CERTIFICATIONS**

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2016      CITI Human Subjects Certification

2015      NIH Certification – Protecting Human Research Participants

## **PROFESSIONAL AFFILIATIONS**

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2017 Graduate Student Member of the American Psychological Association  
2017 Student Member of the Gerontological Society of America  
2016 Student Member of the Gerontology Association  
2016 Student Member of the Association for Psychological Science  
2014 The National Honor Society of Psychology Psi Chi Lifetime Member